

TOP 10 WAYS

to enjoy WholeMe



10.

on top of my favorite yogurt

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8.



with my favorite milk

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6.

as a new crust in my apple crisp and pies

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4.

as a salad topper

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2.

in my oatmeal

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9.

on top or blended in my smoothies

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7.

as a topping on toast, pancakes or waffles

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5.

as the base of protein bars or balls

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3.

dipped in dark chocolate

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1.

I eat the whole bag!

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